



Motivational Interviewing Clinical Skills Training- Level II (Intermediate)

Embassy Suites - Minneapolis Airport
Bloomington, Minnesota
April 16-17, 2009

Pre-requisite: Motivational Interviewing Clinical Skills Training –Level I or equivalent (2-3 days of MI clinical skills training which includes active skill practice).

Motivational Interviewing Clinical Skills Training – Level II (Intermediate) is based on the work of William R. Miller and Stephen Rollnick, and focuses on intermediate level instruction and practice in Motivational Interviewing. This highly requested workshop will help you become more proficient and natural at MI by focusing on complex reflections, better response and elicitation of change talk, practice with timing and testing the waters for commitment/case planning, learning when to step in and out of MI, and more!

Learning Objectives:

- Explain recent developments in MI practice and most effective models of learning MI.
- Articulate and demonstrate an understanding of MI spirit and principles in practice.
- Demonstrate an ability to respond to sustain talk in an MI adherent way.
- Demonstrate an ability to effectively evoke and selectively reinforce change talk, confidence talk, and commitment language.
- Identify when a client is ready to move forward with goal setting and demonstrate an ability to develop an action plan with the client.
- Articulate how MI can be used in combination with other approaches and when it should be left behind in favor of other approaches.

Instructors: Sue EckMaahs & Jonathan Lofgren

Sue EckMaahs has over 18 years experience in the technologies of human potential and change. Sue has been practicing Motivational Interviewing since 1993 and applying the methodology for over 15 years. She is a member of the international MINT forum (Motivational Interviewing Network of Trainers). During her career, Sue has served as a practitioner, manager/supervisor, program developer, trainer/consultant, group facilitator, professional coach, and scholastic educator. President of EckMaahs and Associates, LLC, she is also a trainer and consultant with Orbis Partners, Inc. (Ottawa, Ontario, CA). She is nationally sought for her dynamic skills in training/coaching, and as a consultant around implementation and quality control for evidence-based practices in Corrections and Human Services.

Jonathan Lofgren has 19 years of national and international substance abuse, mental health treatment, research, training & performance improvement consulting, program development, and education experience. Mr. Lofgren has a Master of Science Degree in Human Services, specializing in Community Counseling Psychology from Springfield College in Tampa, FL, and is currently working toward a doctorate in education, specializing in training and performance improvement at Capella University.

Mr. Lofgren is a Licensed Alcohol and Drug Counselor (L-ADC) in Minnesota, and Board Certified Addictions Counselor (BCCR) and IC&RC – MN. He is a member of the Motivational Interviewing Network of Trainers (MINT), a faculty member of the National Drug Court Institute, and a Board member of the Minnesota Association of Resources for Recovery and Chemical Health (MARRCH). Currently, Jonathan serves as a consultant to African American Family Services, an associate with EckMaahs & Associates, LLC and an Instructor at Minneapolis Community and Technical College.

Training Location:

Embassy Suites Minneapolis Airport is a very comfortable training location which features all guest suites, complimentary hot breakfast, and evening receptions. It is located just one mile from the Mall of America. The hotel offers a free shuttle service from the Minneapolis/ St. Paul International Airport. There is free parking directly in front of the hotel for local training participants.



Tuition: \$295.00, training, training materials, and lunch.

Refund policy: A \$50.00 processing fee will be charged for cancellations made prior to April 9th, 2009. Cancellations after April 9th are non-refundable.

Travel/Lodging: The Embassy Suites Minneapolis Airport Hotel is only 1 mile from the Minneapolis/St. Paul International Airport (MSP). Hotel contact information: 7901 34th Avenue South Bloomington, MN 55425-1605; Tel: 952-854-1000 Fax: 952-854-6557; www.embassysmpairport.com; e-mail: info@embassysmpairport.com. Those staying at the hotel should ask to be booked in one of the rooms set aside for the *EckMaahs & Associates Training Event*. Discounted rates apply.

Training Hours:

8:30-4:30 (registration and coffee/rolls at 8:15 AM).

Registration:

Please complete the attached registration form on page 3, and email or send to:

EckMaahs & Associates, LLC 413 Wacouta Street, Suite 540
Saint Paul, MN 55101 FAX: 651-204-2114

Payment can be made in the form of check made out to: EckMaahs and Associates. We also accept VISA or Mastercard. Questions may be directed to Mark Morgan via email at m.morgan@eckmaahs.com or by calling 651-489-1122. This workshop is limited to 24 participants.

Registration Form:

**Motivational Interviewing Clinical Skills Training: Level II (Intermediate)
Embassy Suites Minneapolis Airport
Bloomington, Minnesota
, 2009**

Name _____

Title _____

Agency _____

Work address _____

Zip Code _____

Phone (_____) _____

Fax (_____) _____

E-Mail _____

Regarding Payment \$295.00:

_____ Check or money order attached.

_____ Purchase order attached. A check will be mailed at least two weeks prior to the training event.
Please understand that registration is not complete until registration fee is received. Your seat may be given to an applicant on the waiting list if payment is not received within 2 weeks of registration.

If payment will come from another name or agency, please specify agency: _____

_____ Credit Card Payment:

Credit card type: _____ VISA _____ MasterCard _____ Discover

Credit card number: _____

Expiration Date: _____

CVV2 code from back of card: _____

Name as it appears on credit card: _____

Address and zip code as they appear on the card: (Check here if same as above _____)

Please submit registration and payment by mail, FAX or e-mail to:

**EckMaahs & Associates, LLC, 413 Wacouta Street, Suite 540
Saint Paul, Minnesota 55101 FAX: 651-204-2114
E-mail: m.morgan@eckmaahs.com**