



## **Training for the Motivational Interviewing Treatment Integrity (MITI) Coding System**

**Trainer: Sue EckMaahs**

**Homewood Suites Hotel by Hilton – Mall of America  
Bloomington, Minnesota  
October 5-7, 2011**

This training will introduce participants to the Motivational Interviewing Treatment Integrity Coding System (MITI), version 3.1.1. Using lecture, audiotape and group practice, participants will learn to recognize and categorize common elements of practitioner competence in Motivational Interviewing. Participants for this workshop should have experience in Motivational Interviewing and a desire to learn the MITI for supervisory, coaching, or research purposes. This course will include large group exercises and individual or small group coding practice. Participants will receive feedback on their coding to enhance speed and accuracy of learning and will learn how to continue improving their coding skills after the workshop. *This workshop will also provide an introduction on methods for utilizing the MITI to provide feedback and coach or supervise others in their MI practice.*

Participants for the workshop will be required to bring one or two (1 or 2) audio taped MI sessions with them to the MITI training, to provide materials for small group coding exercises. Please bring the equipment needed to listen to them, as well. (Digital recorders are HIGHLY recommended.) More information will be provided to training participants closer to the event.

### ***Learning Objectives:***

Upon completing this workshop, the participant will be able to:

1. Evaluate practitioners' MI skills using verbal anchors for five critical dimensions of Motivational Interviewing: Evocation, Collaboration, Autonomy Support, Direction, & Empathy.
2. Assign behavior codes for five clinician behaviors integral to Motivational Interviewing.
3. Code other practitioners' work to practice MITI coding skills.
4. Code an example of their work for future use of the MITI.
5. Learn how to give feedback in supervision/coaching using the MITI.

**Instructor: Sue EckMaahs**, President of *EckMaahs & Associates Training & Consulting*, has over 20 years' experience in the technologies of human potential and change. Sue has been practicing MI since 1993 and is an active member of the international *MINT* forum (Motivational Interviewing Network of Trainers). She is highly sought as a trainer, coach/mentor, and trainer of trainers, as well as an advisor for implementation and quality assurance planning. Sue has worked extensively with professionals from the fields of public health, mental health, chemical health, vocational and educational services, primary care, and criminal justice. With a background in sociology, she began her career in corrections...a history that has provided rich experience for applying and coaching "change-gentry" and evidence based practices across many client populations.

**Location:**

Homewood Suites by Hilton – Mall of America. The Homewood Suites is a very comfortable training location which features guest suites with fully equipped kitchens, hot breakfast, and evening receptions. It is across the street from the Mall of America and is located directly on the LRT (Light Rail Train) line to downtown Minneapolis. The hotel offers a free shuttle service from the Minneapolis/St. Paul International Airport. There is free parking directly in front of the hotel for local training participants.



**Tuition:** \$345.00. Includes training, training materials and morning refreshments. Lunch on your own. (We are directly across from the Mall of America, so lots of inexpensive options. The hotel also offers free breakfast and dinner for staying guests.)

**Travel/Lodging:** The Homewood Suites by Hilton – Mall of America is closest to Minneapolis/St. Paul International Airport (MSP). Hotel contact information: 2261 Killebrew Drive, Bloomington, Minnesota, United States 55425; Tel: 1-952-854-0900 Fax: 1-952-854-9571.

The hotel offers a free shuttle service from the airport. Local commuters will find travel directions at [www.minneapolis.homewoodsuites.com](http://www.minneapolis.homewoodsuites.com). Those staying at the hotel should ask to be booked in one of the rooms set aside for the *EckMaahs & Associates' MITI Training Event*. Discounted rates apply.

**Training Dates/Hours:**

Weds, October 5: 8:30-4:30 (registration and refreshments at 8:00 AM)  
Thurs, October 6: 8:30-4:30  
Fri, October 7: 8:30-3:30

**Registration:**

Please complete the attached registration form below, and email or send to:

EckMaahs & Associates, LLC  
1424 Victoria Avenue  
Saint Paul, MN 55117 FAX: 651-204-2114

Payment can be made in the form of check made out to: EckMaahs and Associates. We also accept VISA or MasterCard. Questions may be directed to Shannon McCann via email at [smccann@eckmaahs.com](mailto:smccann@eckmaahs.com) or by calling 651-489-1122. This training is limited to 30 participants.

## Registration Form:

**MITI Coding Training  
October 5-7, 2011  
Homewood Suites by Hilton, Mall of America  
Bloomington, Minnesota**

Name \_\_\_\_\_

Title \_\_\_\_\_

Agency \_\_\_\_\_

Work address \_\_\_\_\_

Zip Code \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_

Fax (\_\_\_\_\_) \_\_\_\_\_

E-Mail \_\_\_\_\_

Regarding Payment \$345.00

\_\_\_\_\_ Check or money order attached.

\_\_\_\_\_ Purchase order attached. A check will be mailed at least two weeks prior to the training event.  
Please understand that registration is not complete until registration fee is received. Your seat may be given to an applicant on the waiting list if payment is not received within 2 weeks of registration.

If payment will come from another name or agency, please specify agency: \_\_\_\_\_

\_\_\_\_\_ Credit Card Payment:

Credit card type: \_\_\_\_\_ VISA \_\_\_\_\_ MasterCard \_\_\_\_\_ Discover

Credit card number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

CVV2 code from back of card: \_\_\_\_\_

Name as it appears on credit card: \_\_\_\_\_

Address and zip code as they appear on the card: (Check here if same as above \_\_\_\_\_)

**Please submit registration and payment by mail, FAX or e-mail to:**

**EckMaahs & Associates, LLC,  
1424 Victoria Avenue  
Saint Paul, Minnesota 55117 FAX: 651-204-2114  
E-mail: smccann@eckmaahs.com**