



Training for the Motivational Interviewing Treatment Integrity (MITI) Coding System

Trainers: Jacqueline Elder & Sue EckMaahs

**Country Inn & Suites Hotel – Mall of America
Bloomington, Minnesota
May 13-15, 2009**

This training will introduce participants to the Motivational Interviewing Treatment Integrity Coding System (MITI), version 3.0. Using lecture, audiotape and group practice, participants will learn to recognize and categorize common elements of therapist competence in Motivational Interviewing. Participants for this workshop should have experience in Motivational Interviewing and a desire to learn the MITI for supervisory or research purposes. This course will include large group exercises in the morning, and individual or small group coding practice in the afternoon of each workshop day. Participants will receive feedback of their coding to enhance speed and accuracy of learning, will practice generating clinician feedback based on coded interview segments and will be ready to use this coding system by the end of this workshop, ***including new revisions to the Global Rating Scales.***

This workshop will also provide an introduction to methods for utilizing the MITI to provide feedback and coach or supervise others in their MI practice.

Participants for the workshop will be required to bring two (2) audio taped interviews or client sessions with them to the MITI training, to provide materials for coding exercises. Please bring the equipment needed to listen to them, as well. More information will be provided to training participants closer to the event.

Learning Objectives:

Upon completing this workshop, the participant will be able to:

1. Evaluate clinicians using verbal anchors for five critical dimensions of Motivational Interviewing: Evocation, Collaboration, Autonomy Support, Direction, & Empathy.
2. Assign behavior codes for five clinician behaviors integral to Motivational Interviewing.
3. Code other clinicians' work to practice their MITI coding skills.
4. Code an example of their work for future use of the MITI.
5. Learn how to give feedback in supervision using the MITI.

Instructors:

Sue EckMaahs, Director *EckMaahs & Associates Training & Consulting*, has over 18 years experience in the technologies of human potential and change. She is a member of the international *MINT* forum (Motivational Interviewing Network of Trainers) and was trained in the MITI Coding system by Theresa Moyers, Ph.D., and Jennifer Knapp Manuel, M.S. two of the authors of the MITI coding system. Sue has been practicing Motivational Interviewing (MI) since 1993 and is an expert in providing MI skill development coaching to practitioners serving clients across many disciplines including MH, CD, primary healthcare and corrections.

Instructors (continued):

Jacque Elder, Psy.D., CADC is the Assistant Professor, Master of Addictions Studies at Governor's State University in University Park, Illinois. She is also a member of the Motivational Interviewing Network of Trainers (MINT), and has been trained in the MITI Coding system by Theresa Moyers, Ph.D., and Jennifer Knapp Manuel, M.S. two of the authors of the MITI coding system. She has been presenting and training mental health, substance abuse and healthcare workers in MI for over 8 years. She is also trained as a Couples/Family Therapist through The Family Institute of Northwestern University.

Location:

Country Inn & Suites – Mall of America

Literally steps from the world famous Mall of America and just 20 minutes from downtown Minneapolis and St. Paul, our hotel in Bloomington provides quick and convenient access to Bloomington area shopping, dining, entertainment and more. With its charming décor and comfortable amenities, our hotel provides a warm and welcoming atmosphere sure to please business and leisure travelers alike. **Free Airport Shuttle - Free Mall of America Shuttle Free Parking – TGI Fridays, Chevy's & others in area Special Room Rate - \$104/night**



Tuition: \$335.00 (New, "Bad Economy" discount price!). Includes training, training materials and morning refreshments. Lunch on your own. (We are directly across from the Mall of America, so lots of inexpensive options.)

Travel/Lodging: Country Inn & Suites – Mall of America is closest to Minneapolis/St. Paul International Airport (MSP). Hotel contact information: 2221 Killebrew Drive, Bloomington, Minnesota, United States 55425; Tel: 1-952-854-5555 Fax: 1-952-854-5564.

The hotel offers a free shuttle service from the airport. Local commuters will find travel directions at <http://www.countryinns.com/bloomingtonmn> Those staying at the hotel should ask to be booked in one of the rooms set aside for the *EckMaahs & Associates' MITI Training Event*. Discounted rates apply.

Training Hours:

Wed, May 13:	8:30-4:30 (registration and coffee/rolls at 8:00 AM)
Thursday, May 14:	8:30-4:30
Friday, May 15:	8:30-3:30

Registration:

Please complete the attached registration form below, and email or send to:

EckMaahs & Associates, LLC
413 Wacouta Street, Suite 540
Saint Paul, MN 55101 FAX: 651-204-2114

Payment can be made in the form of check made out to: EckMaahs and Associates. We also accept VISA or Mastercard. Questions may be directed to Mark Morgan via email at m.morgan@eckmaahs.com or by calling 651-489-1122. This training is limited to 24 participants.

Registration Form:

MITI Coding Training
May 13-15, 2009
Country Inn & Suites - Mall of America
Bloomington, Minnesota

Name _____

Title _____

Agency _____

Work address _____

Zip Code _____

Phone (_____) _____

Fax (_____) _____

E-Mail _____

Regarding Payment \$335.00 (New "Bad Economy" discount price!!!):

_____ Check or money order attached.

_____ Purchase order attached. A check will be mailed at least two weeks prior to the training event.
Please understand that registration is not complete until registration fee is received. Your seat may be given to an applicant on the waiting list if payment is not received within 2 weeks of registration.

If payment will come from another name or agency, please specify agency: _____

_____ Credit Card Payment:

Credit card type: _____ VISA _____ MasterCard _____ Discover

Credit card number: _____

Expiration Date: _____

CVV2 code from back of card: _____

Name as it appears on credit card: _____

Address and zip code as they appear on the card: (Check here if same as above _____)

Please submit registration and payment by mail, FAX or e-mail to:

EckMaahs & Associates, LLC,
413 Wacouta Street, Suite 540
Saint Paul, Minnesota 55101 FAX: 651-204-2114
E-mail: m.morgan@eckmaahs.com